

## **CARE OPTIONS SERIES**



ST PETER'S HEALTH PARTNERS

A Member of Trinity Health

Join us to learn about different care options to support caregivers and people living with Dementia and other memory changes.



FEB. 18, 2025 1-2 PM VIRTUAL

Learn about home and community-based options to support aging in place.

FEB. 25, 2025 1-2 PM VIRTUAL

Learn about Assisted Living, family type homes and adult homes. MAR. 4, 2025 1-2 PM VIRTUAL

Learn about the different levels of care offered in Skilled Nursing Facilities and how to pay for care. MAR. 11, 2025 10AM-11AM HYBRID

This session will be offered in person at Albany Guardian Society or via Zoom so that caregivers can ask questions of content experts.

This is a free program however, registration is required to receive a link to the program. Participants may attend one or more of the programs in the series.

For more information, or to register, please call (518) 238-4164 or email Sarah.Cuva@sphp.com.

Instructions to participate will be provided via email closer to the event date.

These programs are supported (in part) by a grant from the New York State Department of Health.